


MAY

Noon Menu

ADSS NUTRITION PROGRAM

SPRING 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu 1 Orange Juice Chicken Alfredo Purple Hull Peas Broccoli/Zucchini Wheat Breadstick Margarine Peanut Butter Crème Pie Milk	Menu 2 Meatloaf/Brown Gravy Whipped Potatoes Parslified Baby Carrots Diced Peas Whole Wheat Bread Margarine Marble Cake Milk	Menu 3 Blended Juice Vegetable Plate: Macaroni & Cheese Black Eyed Peas Collard Greens Cornbread Margarine Chocolate Chip Cookies (2) Milk/Buttermilk	Menu 4 Apple Juice Smoked Sausage/Bun Ranch Beans Coleslaw Diced Onions Mustard/Ketchup Chocolate Pudding Milk	Menu 5 Smothered Chicken Breast Delmonico Potatoes Spinach Fresh Fruit Wheat Roll Margarine Cherry Gelatin Milk
Menu 6 Grape Juice Teriyaki Meatballs (3) Fried Rice Green Beans/Red Peppers Whole Wheat Bread Margarine Fig Bar Milk	Menu 7 Orange Juice Ham/Pineapple Sauce Diced Sweet Potatoes Turnip Greens Cornbread Margarine Marble Pudding Milk/Buttermilk	Menu 8 Chopped Steak/Gravy Country Potatoes Mixed Vegetables Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk	Menu 9 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Raspberry Fruited Gelatin Milk/Chocolate Milk	Menu 10 Tomato Juice BBQ Chicken/Bun Butter Beans Potato Salad Oatmeal Crème Pie Milk
Menu 11 Grape Juice Chicken Tetrazzini Green Peas Cold Country Tomatoes Wheat Roll Margarine Sugar Cookies (2) Milk	Menu 12 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk	Menu 13 Chicken Cacciatore Brown Rice Baby Carrots Tropical Fruit Whole Wheat Bread Margarine Nutty Buddy Milk	Menu 14 Ham & Potato Casserole Rutabagas Mustard Greens Fresh Fruit Cornbread Margarine Raisin Crème Pie Milk/Buttermilk	Menu 15 Blended Juice Italian Mac Casserole Broccoli/Cheese Sauce Tossed Salad/Ranch Dressing Wheat Breadstick Margarine Chocolate Cake/Whipped Topping Milk
Menu 16 Tomato Juice Sausage Patty (2) Cheese Grits Hot Spiced Apples Biscuit Margarine/Jelly Raisin Bran Cereal Milk	Menu 17 Chicken Pot Pie Okra and Tomatoes Cabbage Fresh Fruit Wheat Roll Margarine Strawberry Cake Milk	Menu 18 Cranberry Juice Turkey and Cheese Sandwich Lettuce/Tomato Whole Wheat Bread (2 slices) Mustard/Mayonnaise Vegetable Soup Fudge Brownie Milk	Menu 19 Apple Cherry Juice BBQ Rib Patty Whole Kernel Corn Mixed Greens Cornbread Margarine Orange Gelatin Milk/Buttermilk	Menu 20 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk
Menu 21 30	Menu 2 Meatloaf/Brown Gravy Whipped Potatoes Parslified Baby Carrots Diced Peas Whole Wheat Bread Margarine Marble Cake Milk	Menu 22 31		
 <p>Centers Closed Memorial Day</p>				
<p>OLDER AMERICANS MONTH</p> <p>BLAZE A TRAIL: MAY 2016</p> 